Hannah Dean



## **Next Chapter of Your Life**

- New experiences
- Independent
- You make your decisions
- It is up to you to succeed

"There's a time and a place for everything, and it's called college." - Bill Cosby

## **Campus Tours**

- I strongly encourage students to go on campus tours!
- This is where you'll be spending the next 4+ years of your life, you should feel attracted to the campus!
- If you have the option, view multiple campuses not just the one that you are interested in.
- This will show you how colleges/universities vary and you may find something that you like at a different university.

#### Full Time Job

- College is a full-time job.
- Learn, study, sleep, repeat.
- Some students work on campus if they need to work to continue their education (Scholarships can help with this...)
- If you have time, then go for it!
- Personally, my schedule will not allow me to work a part-time job during the school year.
- But, I will be working over the summer so work will not intrude on my education.

# Freshmen Need to Stay Motivated

- Freshman year = your hardest year
  - Still adjusting to college life, study patterns, new food, etc.
- High school to college: tests become quizzes, exams become tests, and then you have mid-terms and finals (basically 2 finals).
- Teachers will not go easy on you.
  - They do not care if you do or don't turn in your homework, and they won't be telling you every class to make sure that you get an assignment done.
- Make a study group with friends or visit the tutoring center!
- Keep in mind: You're paying for the grade that you earn on that test.

#### **AICE Credits**

- Check online to see what credits can transfer over to your college of choice
- If it's not online, call the school and ask to speak with an undergraduate admissions counselor
- Ask for a list of course requirements for your major; this can help you earn course credit for your major while in high school
- Some of the courses that you have already taken may not count towards your desired major

#### Food / Meal Plan

- Does this college include a meal plan for students residing on campus?
- Are there meal plan options to choose from?
- Note: it is not easy to eat healthy while on campus
- Depending on your goals, time, and money constraints, you can eat solely on campus or make some of your own food
- Easy (& cheaper!) to eat breakfast in your dorm (cereal, yogurt, oatmeal, pancakes, fruit, etc.)
- Most colleges have a mini-mart on campus!



#### **Textbooks**

- Do not buy your textbooks from your college bookstore!!
- Way overpriced
- Look for books on Amazon, Chegg, ValoreBooks, and many more!
- You can rent textbooks for a semester for cheaper rather than buying the textbook and never using it again
- Buy textbooks off of other students!
- Post online to a fb page that you're looking to buy book1, book2, etc.
   Some student does not want them anymore and is looking for some cash!

## **Transportation**

- Does your school have shuttles that take you to nearby grocery stores, shopping centers, etc.?
- Do they cost money to use?
- Will you have a car or know someone who owns a car on campus?
   (don't abuse your friend who owns a car!)
- If you have your own car, be conscientious about gas prices and whether you really need to drive to McDonald's or if you can buy a burger on campus and save the gas money.

#### Residing on Campus

- If you are living on campus, it's easy to get homesick.
- Bring decorations, pictures, comfy pillows, anything that can make your dorm feel "homey".
- Some residence halls may have quiet hours, and you may be able to request a single room (without a roommate).
- Roommate partnering is tricky and can be worrisome.
- If you have a person in mind, then you can request to live with them, or you can do an online quiz to match you up with a student with similar interests.
- The only consequence: living with a friend can burden your relationship

## Managing Your Schedule

- It will take a few weeks to figure out your study methods and how long it takes to study for each class.
- Generally: 1 hour course = 3 hours of study
- This sounds like a lot, but every class is different.
  - Courses that you've already taken in high school will be easier to understand (& less to study for) in college
- Books come first!
- Depending on how much time you have, you can jump into clubs immediately or wait until 2nd semester to get involved or get a job on campus.

#### **Stress Relievers**

- Most universities have gyms that are free for students and they usually have group exercise classes (spinning is awesome!)
- Rather than catching up on facebook and social media, engage in activities that will help relieve stress & provide an escape
- Make time to do what you enjoy: reading, painting, running, lifting weights, swimming, anything!
- You'll need to figure out your study patterns and course schedule to see when you can fit these in, but it's possible!
- A yoga class or two is strongly recommended around mid-term week and finals:)

## Clubs - Be Open!

- This is your chance to try out new activities that you've never gotten the chance to (and probably will not get the chance to again!)
- Find some clubs that you find interesting, fraternities/sororities or sports teams (Ultimate Frisbee, anyone?)
- Don't overdo it your first year. You have plenty of time to join teams/ clubs or even start your own.
- Take some time to breathe it all in before you sign up for 24 different clubs, frats/sororities, and sports.

### Professor; Not Teacher!

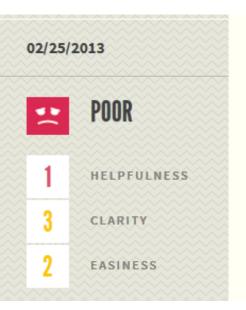
- DON'T make the mistake of calling your professor a teacher.
- When emailing professors, address the email with "Professor,"
  - o this is a general title and can be applied to every college professor.
- Except teaching assistants, I am unsure about emailing them...

## Ratemyprofessor.com

- <u>Ratemyprofessor.com</u> offers insight into a professor and how he/she runs his/her class
- Students comment on each professor that they've taken and share comments on their teaching styles, their pet peeves, etc.
- Can be very helpful!!
- BEWARE of the students who post awful comments towards
   professors. There's a difference between a professor not teaching well
   and a student not wanting to do the work.

### **Misguided Comments**

#### Professor Posner Falken ratings



#### Comp1000

Taken for Credit:N/A
Attendance: N/A

Textbook Use: You need it sometimes Rater Interest: Meh Grade Received: N/A Do Not Take Her! Horrible way of teaching, can be very rude and snippy!

👍 0 people found this useful

0 people did not find this useful

report this rating

## Overlook This Type of Rating

#### 02/05/2013



#### AVERAGE

HELPFULNESS

CLARITY

#### Comp1000

Taken for Credit:N/A Attendance- N/A

Textbook Use: You need it sometimes Rater Interest: Meh Grade Received: N/A She is one of the worst teachers I've had at Nova! Yes, she lets you correct all your work but she treats everyone like babies. she took someones phone and kept it until the end of class, we arent in highschool anymore! She has an unconventional way of speaking and has awkward hand gestures, and is quick to tell you off. Dont reccomend taking her.



0 people found this useful



0 people did not find this useful

#### **A Few Tidbits**

- There is always free food on campus somewhere
- First impressions mean a lot, so dress respectably for **at least** the first couple of weeks
- If you're not a quick note-taker, ask your professor if he/she doesn't mind being recorded & write the notes later.
- Stay up to date on lectures and famous points of interest that are coming to the school! Usually students get in free
- There may be a farmers market nearby or on campus once a week where you can buy healthier food!

## **Undergraduate Programs**

- Honors
- Dual Admissions
- Leadership Programs
- Athletic Programs
- Work/Study Programs
- Study Abroad
  - Some classes have a study abroad trip at the end of the semester that is required to complete the course! Not an entire semester, but still gives you travel options.

### **Graduate School**

- Interested in becoming a nurse, physician, opthomologist, etc.?
- Look into graduate schools that offer your program of choice and see if it's relatively close to your undergraduate college.
- Some colleges offer you a seat in their graduate program if you attend their college

# **About Nova Southeastern University**

- Private university located in Davie, right next to Fort Lauderdale and 30 minutes from Miami.
- Average class size of 22
  - Professors know their students by name and it is easy to develop relationships
- Beautiful campus!
- 20 minutes from the beach
- Undergraduate & Graduate School
- Many scholarships given!



#### Student Life at NSU

- Many students walk around campus barefoot
- There is always something going on in the University Center (Christmas parties, free food, giveaways, etc.)
- NSU is a melting pot for many different cultures, which can bring different viewpoints to classroom discussions (at a small university, discussions occur quite often in the classroom!)
- Our female rowing team is amazing and soccer games draw a crowd!

## **How Am I Adjusting to NSU?**

- Dual Admission & Honors program
- FitWell Manager & member of the Pre-PA Society
- I almost changed my major from biology to psychology because my professor taught the course so well! I loved everything about the class.
- I take advantage of the free gym and group exercise classes: yoga, spinning, bosu pump, and tabata (There's many more!)
- All of my professors know me by name, and I know that I am welcome to stop by during office hours at anytime! (I probably abused this during mid-terms for my biology professor)

# Don't Be Discouraged:)

- College is a great experience and you will benefit from it in so many ways!
- You'll meet new friends, find new interests, and develop relationships that will last a lifetime.
- Some days are longer than others, but you will get through it!
- Staying focused, motivated, and open to new experiences wil help make college "the best time of your life." :)