July 26th

Hello Everyone, we will begin in person volleyball conditioning tomorrow from 2:00-3:00 in the gym.

Please make sure your paperwork is turned in and you arrive 15 minutes early for temperature checks. Please have a mask for in the lobby of the gymnasium. Volleyball conditioning will be from 2:00-3:00 on Monday's/ Wednesday's. Also please bring your own water bottle. Any questions please reach out!